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**From:** Phillips, Gloria (DPH)  
**Sent:** Wednesday, July 11, 2012 2:19 PM  
**To:** Corbett, Kate (DPH)  
**Subject:** FW: Don't wash your hair in the shower

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**From:** Phillips-Scott, Sadie (DPH)  
**Sent:** Friday, July 06, 2012 3:37 PM  
**To:** Phillips, Gloria (DPH); Hylton, Norma (DPH); Shuttle, Pam (DPH); [nanneheart@hotmail.com](mailto:nanneheart@hotmail.com); PATTY JONES  
**Subject:** FW: Don't wash your hair in the shower

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**From:** Greenidge, Althea (DPH)  
**Sent:** Friday, July 06, 2012 2:54 PM  
**To:** Phillips-Scott, Sadie (DPH)  
**Subject:** FW: Don't wash your hair in the shower

Funny!!! Hope all is well.

It's so good to finally get a health warning that is useful!!!

INVOLVES THE SHAMPOO WHEN IT RUNS DOWN YOUR BODY WHEN YOU SHOWER WITH IT  
WARNING TO US ALL!!!

Shampoo Warning!

I don't know WHY I didn't figure this out sooner!

I use shampoo in the shower!

When I wash my hair, the shampoo runs down my whole body, and Printed very  
clearly on the shampoo label is this warning,

"FOR EXTRA BODY AND VOLUME."

No wonder I have been gaining weight!

Well! I have gotten rid of that shampoo and I am going to start showering  
with Dawn dish soap instead. Its label reads,

"DISSOLVES FAT THAT IS OTHERWISE DIFFICULT TO REMOVE."

Problem solved!

If I don't answer the phone I'll be in the shower!